

## Dolphins of Spinkhill SC Competition Plan 2022-23 (last updated 3rd August 2022)

Date	Time	Competition Details	Which Swimmers?	Purpose of Meet
Saturday 10th September 2022	5-8pm	Derbyshire Junior Grand Prix, Alfreton	Swimmers aged 9-11 on 27th November 2022	Give competition experience to young swimmers, plus a chance to qualify for Derbyshire LC Championships
Sunday 2nd October 2022	1:15 - 4:30pm	Derbyshire Junior Grand Prix, Repton	Swimmers aged 9-11 on 27th November 2022	Give competition experience to young swimmers, plus a chance to qualify for Derbyshire LC Championships
Sunday 30th October 2022	All Day	Belper 'Ghoul in the Pool' Open Meet, Matlock	<b>All</b> swimmers Age 9 and over	A chance for the <b>whole team</b> (age 9+) to race together in a fun competition, plus the chance to achieve qualifying times for the Derbyshire LC Championships
Sunday 27th November 2022	1:15 - 4:30pm	Derbyshire Junior Grand Prix, Repton	Swimmers aged 9-11 on 27th November 2022	Give competition experience to young swimmers, plus a chance to qualify for Derbyshire LC Championships
Sunday 10th December 2022	All Day	Derbyshire Short Course Championships, Moorways, Derby	<b>All</b> swimmers Age 10 and over	A chance for the <b>whole team</b> (age 10+) to race together the most important meet of the first part of the season.
Sunday 8th January 2023	All Day	Ripley Open Meet, Matlock	<b>All</b> swimmers Age 9 and over	A last chance to try to gain qualifying times for the Derbyshire Long Course Championships in February.
4th/5th/11th/12th February 2023	Depending on events qualified for (meet runs all weekend)	Derbyshire Long Course Championships, Moorways, Derby	Qualifiers	The most prestigious meet of the season so far for those who qualify, qualifying for the meet is an achievement in itself.
Early April - Date TBC	Saturday Evening 4:15-6:15pm	Dolphins Club Championships, Eckington LC	<b>All</b> swimmers	A chance for every swimmer in the club to race together and compete for medals.
Early May - Date TBC	All Day	Eckington Open Meet, Eckington Swimming Pool	All swimmers aged 9+ TBC	A chance for the <b>whole team</b> (age 9+) to race together in a fun competition, and a chance to improve on times from earlier in the season.
April / May 2023 - Dates TBC	TBC	East Midlands Regional Championships	Qualifiers	The most prestigious meet of the season for those who qualify, qualifying for the meet is an achievement in itself. Just 1 level of meet below the National Championships.
Late June 2023 - Date TBC but usually last Sunday of the month.	All Day	Nottingham Northern Open Meet, TBC	All swimmers aged 9+ TBC	A chance for the <b>whole team</b> (age 9+) to race together in a fun competition, which will be a great way to finish off the competitive season.
Saturday 8th July TBC	Late Afternoon / Early Evening (TBC)	Dolphins 2nd Annual Presentation Evening, Clowne Cricket Club TBC	All swimmers & parents	A chance to all get together to socialise & celebrate the swimmers' achievements at the end of the season.

*Note that those details of the competitions marked 'TBC' may change, as competition details for 2023 have not yet been confirmed at the time of writing.*